Monroe Institute Technologies Feedback

Experiences Related to Aging

This information was reported to Monroe Products and The Monroe Institute by individuals and/or by professional practitioners about the use of Hemi-Sync® in the late 1990s.

Positively Ageless is, perhaps, the most complete series dedicated solely to the rejuvenation and regeneration of a person's body, mind and spirit. A solid five out of five stars! Patty's soothing voice coupled with the special sound effects sends me to a deep, comfortable level where all mind-chatter ceases. I find it very easy to follow her instructions, which then allows information from my inner self to come through and guide me to areas that need attention. When it is time to return to Awake and Alert, I am craving for more, but pleased to know there are four additional sessions to choose from and continue my journey.

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I listen almost daily to *Rejuvenation*–I think it's my favorite….it surely has an impact on me. I wake renewed and ready to take on the new day. I have solved many problems during my meditation and slumber which then become solutions the following morning. I can't tell you how much I enjoy that meditation session.

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